

## Billing Using SPM vs Medicare's 8-Minute Rule

**December 9, 2025**

**12:00—1:00 pm**

**Webinar**

Many practices believe the Centers for Medicare and Medicaid Services (CMS) creates the CPT codes and defines how much time must be provided of a time-based CPT code to bill that code to an insurer. In reality, it's the American Medical Association (AMA) that creates and owns the CPT codes. In this session, you will learn the difference between substantial portion methodology and Medicare's "8-minute rule" and how each one impacts the number of units that you can bill.

### Objectives:

1. Define substantial portion methodology (SPM) of a time-based CPT code
2. Describe CMS' "8-minute rule"
3. Understand how to bill the correct number of time-based units using SPM or the 8-minute rule

Who Should Attend: Billing, Business Office, Coders

Presenter: Rick Gawenda, Gawenda Consulting

Continuing Education: Clock Hours: 1.0

*It is the responsibility of the attendee to determine whether these activities meet the current criteria for continuing education.*

### Registration Fees

**Medi-Sota Members: \$25/Person**

**Non-Medi-Sota Members: \$125/Person**

**Prior to the program, you will receive an email with any additional course information. Registration Deadline: December 8, 2025 by 5 pm to ensure all registrants will receive course information & any materials in a timely manner.**

If you should have any questions or do not receive a confirmation email,  
contact

Alyssa Christianson at [achristianson@medi-sota.org](mailto:achristianson@medi-sota.org)

**Medi-Sota, Serving Rural Health**

*Cancellations must be made no later than 10 business days prior to the start of the course. The full course fee will be charged if cancellation is made in less than 10 business days. Full refunds will be given for all classes cancelled by Medi-Sota. Registration is transferable to another person.*